

## **REGULATION**

amending (for the 2nd time) Regulation No 327/2010 on the incorporation of Regulation (EC) No 1925/2006 on the addition of vitamins and minerals and of certain other substances to foods

### **Article 1**

Two new Articles shall be inserted after Article 3 of the Regulation; subsequent Articles shall be renumbered accordingly. The new Articles shall read as follows:

#### **a. (Article 4)**

Definitions:

*Energy drink*: Any beverage with a caffeine content of between 250 and 320 mg/l, from whatever source (including through the addition of extracts from natural caffeine sources). Beverages based on coffee, tea or coffee or tea extracts where the name of the product includes the term “coffee” or “tea” shall not be included under this definition.

#### **b. (Article 5)**

The maximum content of added caffeine, from whatever source (including through the addition of extracts from natural caffeine sources), must not be higher than indicated below:

Food category	Maximum caffeine content, from whatever source (including through the addition of extracts from natural caffeine sources)
Alcoholic beverages	0 mg/l
Beverages (non-alcoholic)	320 mg/l
Food supplements	300 mg per portion recommended for daily consumption
Other foods	150 mg/kg

In the case of foods, other than beverages and food supplements, with a total caffeine content in excess of 150 mg/kg, an application to import the product, place it on the market or manufacture it must be lodged with the Food and Veterinary Authority.

Energy drinks may not be placed on the market or manufactured in containers intended for the consumer market larger than 500 ml.

### **Article 2**

This Regulation is issued pursuant to Article 31a of the Foodstuffs Act, No 93/1995, as amended. It shall enter into force on d/m/y.

*Ministry of Fisheries and Agriculture, d/m/y.*

**For the Minister**

## **REGULATION**

amending (for the 1st time) Regulation No 980/2011 on the incorporation of Regulation (EC) No 1334/2008 of the European Parliament and of the Council on flavourings and certain food ingredients with flavouring properties for use in and on foods and amending Council Regulation (EEC) No 1601/91, Regulations (EC) No 2232/96 and (EC) No 110/2008 and Directive 2000/13/EC

### **Article 1**

Article 5 shall read as follows:

Caffeine, from whatever source (including through the addition of extracts from natural caffeine sources), may not be added to food for flavouring purposes in a proportion resulting in a total caffeine content in excess of 150 mg per l or kg.

### **Article 2**

This Regulation is issued pursuant to Article 31a of the Foodstuffs Act, No 93/1995, as amended. It shall enter into force on d/m/y.

*Ministry of Fisheries and Agriculture, d/m/y.*

**For the Minister**

## **REGULATION**

amending (for the 1st time) Regulation No 884/2003 on the labelling of foodstuffs containing quinine, and of foodstuffs containing caffeine

### **Article 1**

Article 3 shall read as follows:

Where a beverage which is intended for consumption without modification (ready-to-drink), or after reconstitution of the concentrated or dried product, contains caffeine, from whatever source (including through the addition of extracts from natural caffeine sources), in a proportion in excess of 150 mg/l, the following message must appear in Icelandic on the label in the same field of vision as the name under which the product is sold:

“High caffeine content. Not recommended for children or pregnant or breast-feeding women”

The above message shall be followed by a reference in brackets to the caffeine content expressed in mg per 100 ml. The provisions of this Article shall not apply to beverages based on coffee, tea or coffee or tea extract where the name of the food includes the term “coffee” or “tea”.

Where caffeine, from whatever source (including through the addition of extracts from natural caffeine sources), is added to foods, other than beverages, with a physiological purpose (in a proportion in excess of 150 mg/l), the following message must appear on the label in the same field of vision as the name under which the product is sold:

“Contains caffeine. Not recommended for children or pregnant women”

The above message shall be followed by a reference in brackets to the caffeine content expressed in mg per 100 g/ml. In the case of food supplements, the caffeine content shall be expressed per portion as recommended for daily consumption on the labelling.

In the case of energy drinks as defined in Regulation No 327/2010 on the incorporation of EU Regulation No 1925/2006 on the addition of vitamins and minerals and of certain other substances to foods, the words “Energy drink” must also appear on the label in the same field of vision as the name under which the product is sold.

### **Article 2**

This Regulation is issued pursuant to Article 31a of the Foodstuffs Act, No 93/1995, as amended. It shall enter into force on d/m/y.

*Ministry of Fisheries and Agriculture, d/m/y.*

**For the Minister**